

Putting on the Every Muscle Suit [For use mainly in a standing posture]



A video showing how to put on the suit is also available.



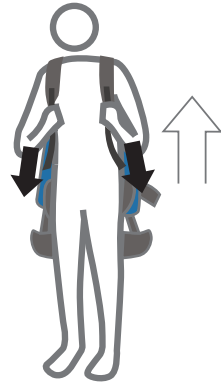
Step.1

Put on the Muscle Suit with both shoulder straps on the shoulders like when you put on a backpack.



Step.2

Lift the adjusters of the shoulder straps until the hip belt is at the height of your hips.



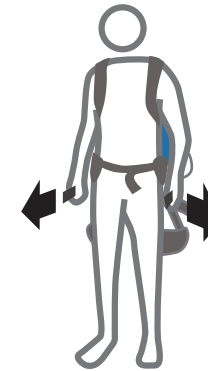
Step.3

Fasten the hip belt and tighten the belt using the right and left adjusters.



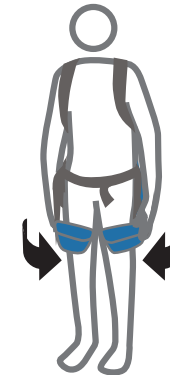
Point.1

Place the hip belt at the height of your trouser belt.



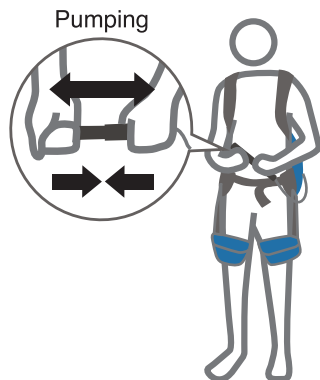
Step.5

Move the thigh pads to the front.



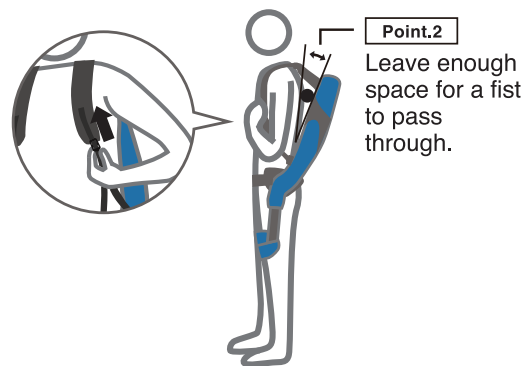
Step.6

Pump the air pump 30 to 45 times to fill the artificial muscles with air.



Step.7

Adjust the space between your back and the suit using the shoulder straps' adjusters.



Step.8

Fasten the right and left adjusters in front of the chest.



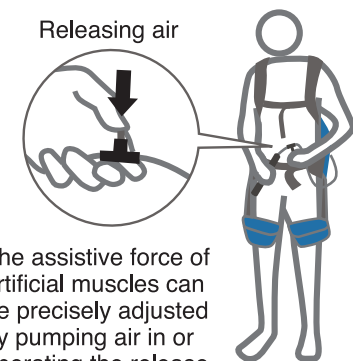
Step.9

Muscle Suit is now ready to assist with crouching and straightening the upper body.



Option Step

Adjust the assistive force by increasing or reducing the air volume.



The assistive force of artificial muscles can be precisely adjusted by pumping air in or operating the release valve.

If you find it difficult to squat down with this suit, please see the reverse side of this document.



Putting on the Every Muscle Suit [For use mainly in a crouching posture]



A video showing how to put on the suit is also available.



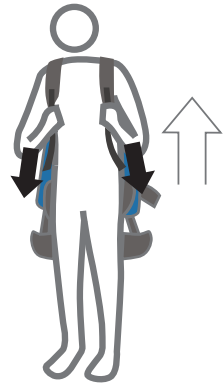
Step.1

Put on the Muscle Suit with both shoulder straps on the shoulders like when you put on a backpack.



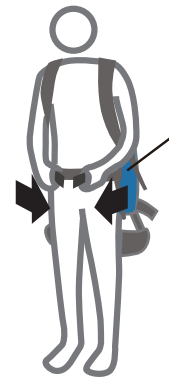
Step.2

Lift the adjusters of the shoulder straps until the hip belt is at the height of your hips.



Step.3

Fasten the hip belt and tighten the belt using the right and left adjusters.

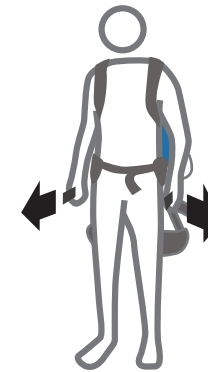


Point.1

Place the hip belt at the height of your trouser belt.

Step.4

Adjust the length of the buttock belt.



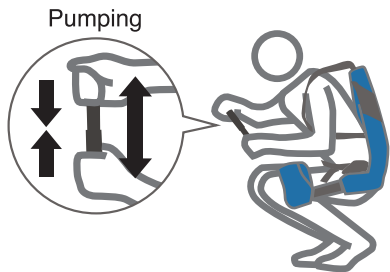
Step.5

Move the thigh pads to the front.



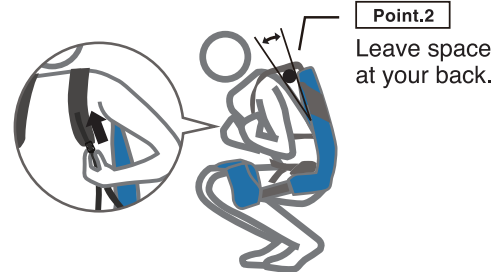
Step.6

Pump the air pump 30 to 45 times while in a crouching posture to fill the artificial muscles with air.



Step.7

While in a crouching posture, adjust the space between your back and the suit using the shoulder straps' adjusters.



Point.2

Leave space at your back.

Step.8

Fasten the right and left adjusters in front of the chest.



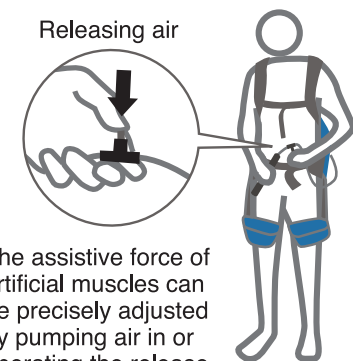
Step.9

Muscle Suit is now ready to assist with crouching and straightening the upper body.



Option Step

Adjust the assistive force by increasing or reducing the air volume.



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